

Ist INTERNATIONAL NPUGA WORKSHOP

December 18 & 19, 2025

Program of event

December 18

Time	Event
1:00 pm	Arrival & Items collections
2:00pm	Courtesy visit to the Vice Chancellor
5:00pm	Accommodations allocation

December 19

Time	Event
8:00am	First Lecture
9:00am	Questions/ interactive section
9:30am	Tea break
10:00am	2 nd Lecture
11:00am	3 rd Lecture
12noon	Questions/ interactive section
1:00pm	Item 7 & Departure

Lecture 1

The Science and Strategies in Sports Management and Officiating in Perspective

Abstract: In today's fast-evolving sports landscape, the science of performance and the strategy of management are inseparable. This session explores how data-driven decision-making, psychology, and leadership intersect to shape modern sports management and officiating. Drawing from real-world examples across football and academy development, we'll examine how technology, analytics, and human behaviour influence the way teams are built, games are managed, and referees make critical calls.

The discussion will also highlight the growing importance of sports psychology—especially in leading Gen Z athletes, who are talented, expressive, but often require deeper emotional intelligence and communication to stay motivated and disciplined. Attendees will gain insights into balancing structure with empathy, applying scientific tools to performance, and creating a new generation of mentally strong athletes and officials.

Lecture 2

Wearable Technology for Performance Assessment and Monitoring in sport

Abstract: Athletes sports performance to podium goes far beyond training rules enforcement by the coach; it demands a blend of science and technology. This workshop will therefore be a valuable insight, examine and provide practical experience into:

1. The Concept of Wearable Technology in Sports
2. Wearable Technology for Performance Improvement
3. Wearable Technology for Performance Assessment
4. Wearable Technology to monitor the Performance and Health of Athletes, and
5. Specific use of Wearable Technology in selected sports

Lecture 3

Talent identification in university sports: The Gold mine of sustainable development

Abstract: Talent identification in university sports represents a critical yet underexplored avenue for sustainable development in both the sports and educational sectors. Universities serve as key ecosystems where young athletes' physical, psychological, and intellectual potentials can be discovered and nurtured through systematic scouting, scientific training, and academic integration. The role of university sports programs as "gold mines" for talent discovery, focusing on how structured talent identification systems contribute to personal development, institutional reputation, and national sports advancement.

Drawing on interdisciplinary perspectives from sports science, education, and sustainable development, the research highlights best practices and challenges in establishing effective identification models. Findings suggest that when universities strategically invest in talent detection and development frameworks, they not only enhance athletic excellence but also promote social inclusion, health, and economic sustainability. Sustainable sports talent identification within universities is not merely a pipeline for elite performance, but a transformative tool for holistic national growth.